



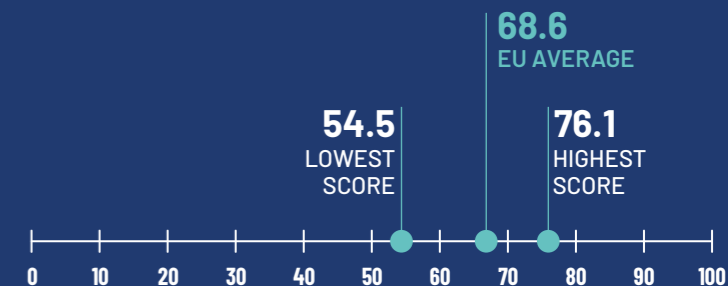
SPAIN

Healthy life expectancy is among the highest in the EU, but overweight prevalence is high; high pressure on freshwater resources due to agriculture and land degradation are observed; several initiatives are in place to reduce food waste, including a national strategy on prevention.

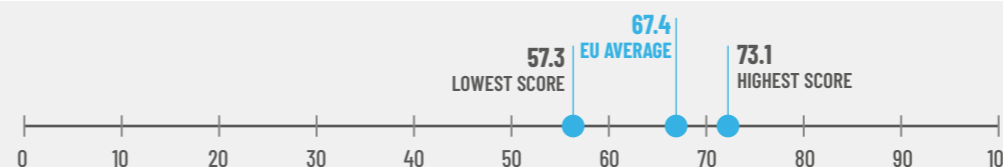
FOOD SUSTAINABILITY INDEX PERFORMANCE



COUNTRY SCORE



NUTRITIONAL CHALLENGES



83 years life expectancy at birth
73 years healthy life expectancy

62% of adults are overweight
34% of children and adolescents are overweight

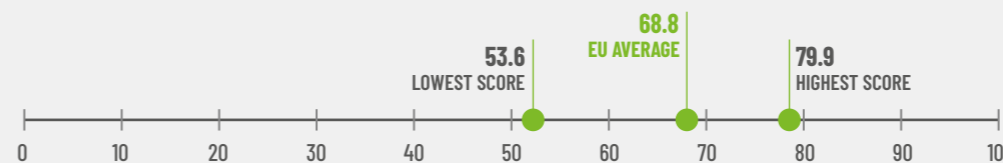
73% of the population reaches recommended physical activity levels

10% of calories from sugar

4.02 g of sodium per day

Food-based dietary guidelines are published on a national level

AGRICULTURE



22.84% of renewable water used in agriculture

35.3% of fish stocks overexploited or collapsed

1.3% of average soil organic carbon (content in weight)

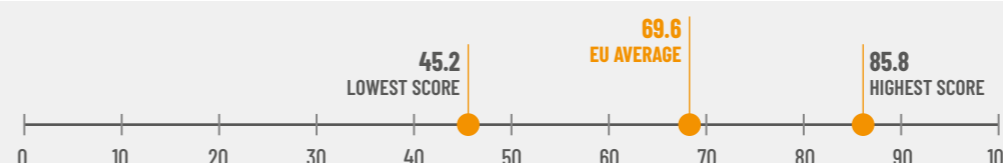
1,128,026 ha are deforested each year

1.44 ton CO₂ eq. per ha are GHG emissions from agriculture

1.19% of GDP government expenditure on R&D

55 years average age of farmers
4% of youth (under 35) works in agriculture
47.9% of farmers are women

FOOD LOSS AND WASTE



55 kg/yr per capita food waste

Strategies: National Waste Prevention Programme

Legislation: municipal organic waste disposal tax
Market instruments: 2011 law on waste and contaminated soils also addresses food waste