



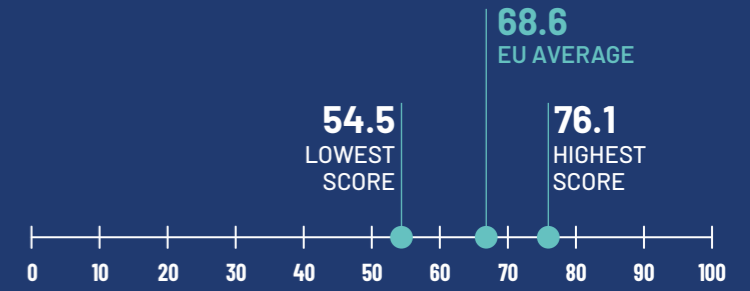
SLOVAKIA

Nutritional challenges are mainly related to overweight in adults, adolescents and children; agriculture is characterised by low pressure on freshwater resources due to agriculture, and the average age of farmers is low; food waste is an issue, but a national strategy and legislation are in place.

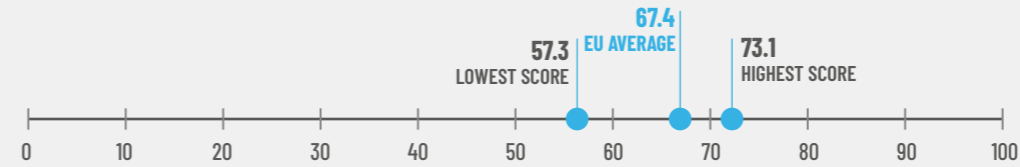
FOOD SUSTAINABILITY INDEX PERFORMANCE



COUNTRY SCORE



NUTRITIONAL CHALLENGES



77 years life expectancy at birth
67 years healthy life expectancy

56% of adults are overweight
23% of children and adolescents are overweight

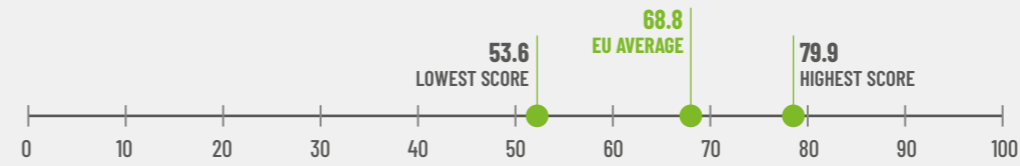
65% of the population reaches recommended physical activity levels

15% of calories from sugar

4.23 g of sodium per day

Food-based dietary guidelines are published on a national level

AGRICULTURE



0.05% of renewable water used in agriculture

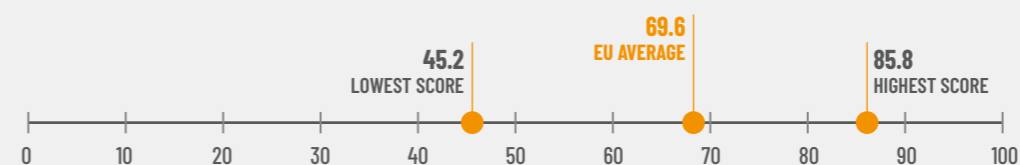
1.3% of average soil organic carbon (content in weight)
183,399 ha are deforested each year

1.26 ton CO₂ eq. per ha are GHG emissions from agriculture

0.79% of GDP government expenditure on R&D

47 years average age of farmers
3% of youth (under 35) works in agriculture
49.5% of farmers are women

FOOD LOSS AND WASTE



62 kg/yr per capita food waste

Strategies: 2016 National Plan Against Food Waste

Legislation: 2016 Good Samaritan-type regulation