

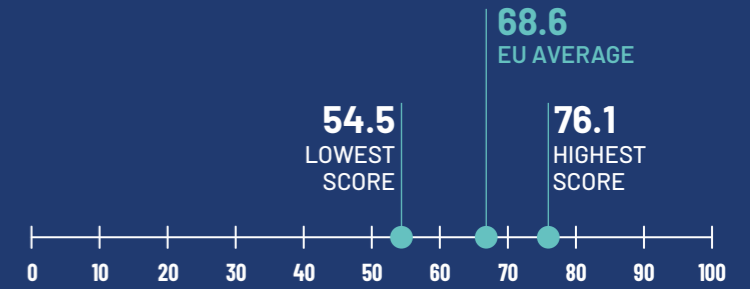
# NETHERLANDS

The country experiences substantial nutritional challenges mainly related to overweight in adults, adolescents and children; agriculture is characterised by low pressure on freshwater resources due to agriculture, and high carbon content of soil; the response to the food waste problem includes a national strategy and legislation.

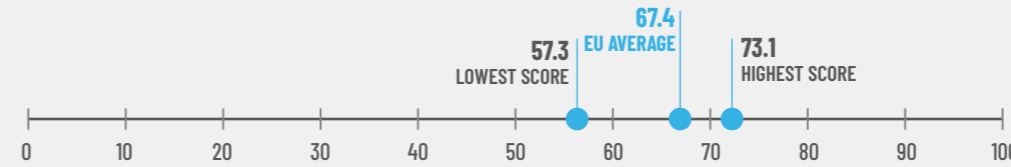
## FOOD SUSTAINABILITY INDEX PERFORMANCE



## COUNTRY SCORE



## NUTRITIONAL CHALLENGES



**82 years** life expectancy at birth

**71 years** healthy life expectancy

**58%** of adults are overweight

**25%** of children and adolescents are overweight

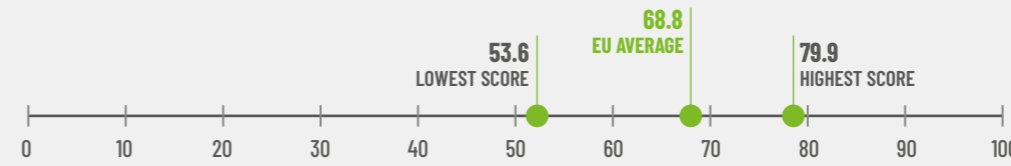
**73%** of the population reaches recommended physical activity levels

**13%** of calories from sugar

**3.32 g** of sodium per day

Food-based dietary guidelines are published on a national level

## AGRICULTURE



**0.07%** of renewable water used in agriculture

**48.4%** of fish stocks overexploited or collapsed

**6.4%** of average soil organic carbon (content in weight)

**21,397 ha** are deforested each year

**10.02 ton CO<sub>2</sub> eq.** per ha are GHG emissions from agriculture

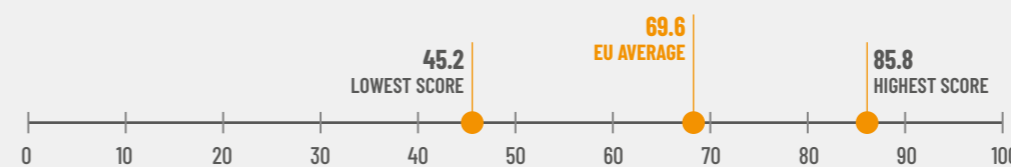
**2.03%** of GDP government expenditure on R&D

**55 years** average age of farmers

**3%** of youth (under 35) works in agriculture

**57.7%** of farmers are women

## FOOD LOSS AND WASTE



**60 kg/yr** per capita food waste

**Strategies:** Together Against Food Waste strategy

**Legislation:** several laws pertaining to end-user-level food waste

**Targets:** Netherlands aims to halve food waste by 2030