



LITHUANIA

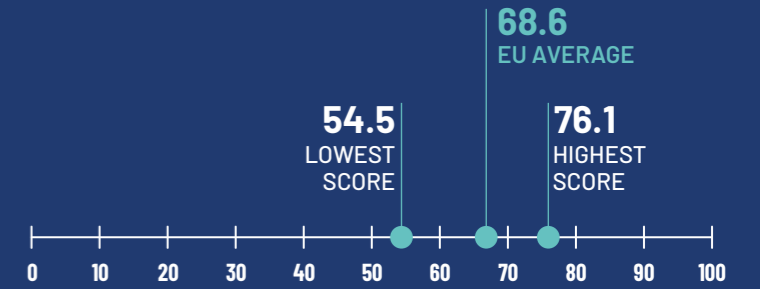
The country has the lowest overweight prevalence compared to the rest of the EU, but life expectancy at birth and healthy life expectancy are not very long; agriculture is characterised by low pressure on freshwater resources due to agriculture, the average age of farmers is quite low; a national strategy and legislation against food waste are in place.

FOOD SUSTAINABILITY INDEX PERFORMANCE

MEDIUM

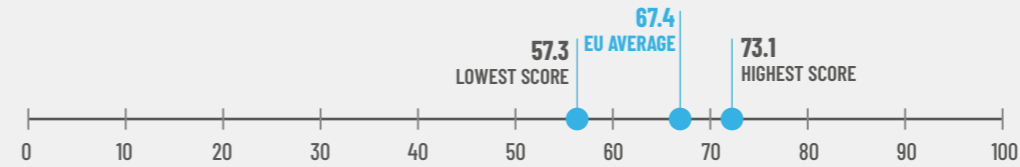
COUNTRY SCORE

65.3



NUTRITIONAL CHALLENGES

62.5 COUNTRY SCORE



74 years life expectancy at birth
65 years healthy life expectancy

60% of adults are overweight
21% of children and adolescents are overweight

74% of the population reaches recommended physical activity levels

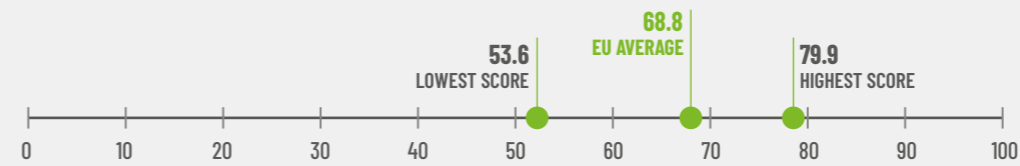
12% of calories from sugar

4.07 g of sodium per day

Food-based dietary guidelines are published on a national level

AGRICULTURE

66.5 COUNTRY SCORE



0.27% of renewable water used in agriculture

29.2% of fish stocks overexploited or collapsed

2.4% of average soil organic carbon (content in weight)

283,584 ha are deforested each year

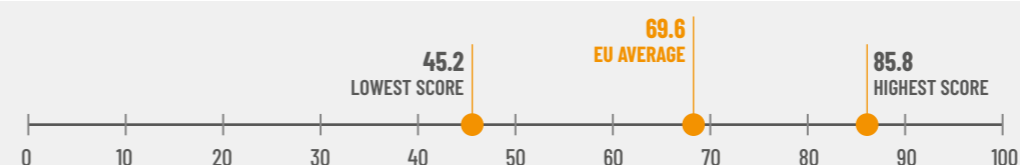
1.69 ton CO₂ eq. per ha are GHG emissions from agriculture

1.18% of GDP government expenditure on R&D

46 years average age of farmers
6% of youth (under 35) works in agriculture
49.2% of farmers are women

FOOD LOSS AND WASTE

66.9 COUNTRY SCORE



69 kg/yr per capita food waste



Strategies: State Waste Prevention Programme

Legislation: Law of Waste Management