



IRELAND

The country experiences substantial nutritional challenges mainly related to overweight in adults, adolescents and children; agriculture is characterised by low pressure on freshwater resources due to agriculture, and high carbon content of soil; strategies and a national target aim at reducing food waste.

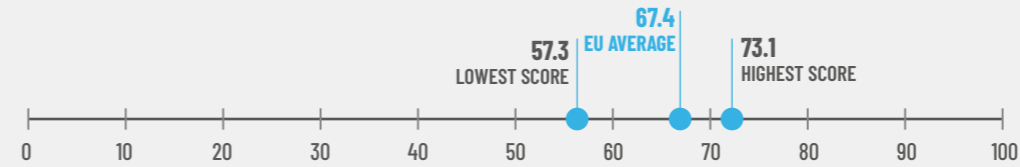
FOOD SUSTAINABILITY INDEX PERFORMANCE



COUNTRY SCORE



NUTRITIONAL CHALLENGES



82 years life expectancy at birth



71 years healthy life expectancy

62% of adults are overweight



31% of children and adolescents are overweight



67% of the population reaches recommended physical activity levels



11% of calories from sugar

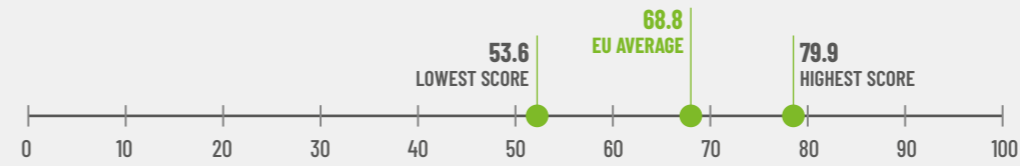


3.74 g of sodium per day

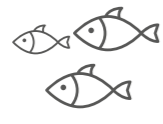


Food-based dietary guidelines are published on a national level

AGRICULTURE



0.34% of renewable water used in agriculture



21.6% of fish stocks overexploited or collapsed

5.5% of average soil organic carbon (content in weight)



108,518 ha are deforested each year



5.1 ton CO2 eq. per ha are GHG emissions from agriculture



1.18% of GDP government expenditure on R&D

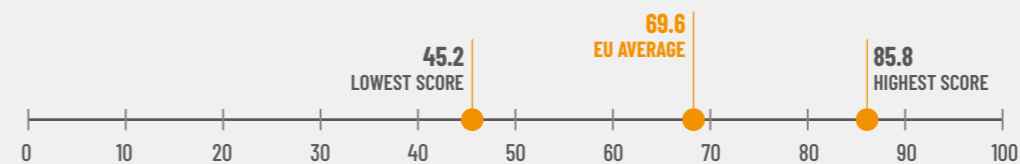
58 years average age of farmers

3% of youth (under 35) works in agriculture



50% of farmers are women

FOOD LOSS AND WASTE



64 kg/yr per capita food waste



Strategies: National Waste Prevention Program



Targets: Ireland aims to halve food waste by 2030