



HUNGARY

The country experiences substantial nutritional challenges mainly related to overweight in adults, adolescents and children; pressure on freshwater resources due to agriculture is low, and the carbon content of soil is high; food waste is high, but initiatives for its reduction are in place, including specific targets and a national strategy.

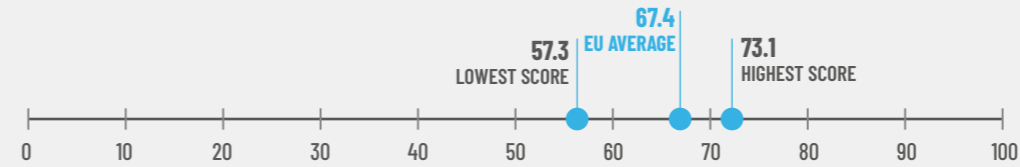
FOOD SUSTAINABILITY INDEX PERFORMANCE



COUNTRY SCORE



NUTRITIONAL CHALLENGES



76 years life expectancy at birth
66 years healthy life expectancy

62% of adults are overweight
28% of children and adolescents are overweight

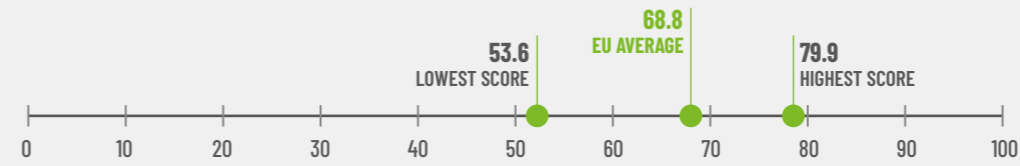
62% of the population reaches recommended physical activity levels

8% of calories from sugar

4.23 g of sodium per day

Food-based dietary guidelines are published on a national level

AGRICULTURE



0.31% of renewable water used in agriculture

2.4% of average soil organic carbon (content in weight)
176,345 ha are deforested each year

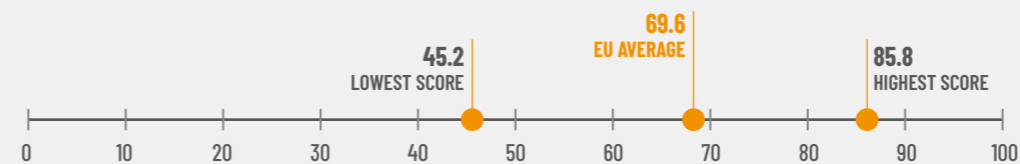
1.4 ton CO₂ eq. per ha are GHG emissions from agriculture

1.21% of GDP government expenditure on R&D

54 years average age of farmers
5% of youth (under 35) works in agriculture

43.9% of farmers are women

FOOD LOSS AND WASTE



64 kg/yr per capita food waste

Strategies: National Waste Management Plan 2014-2020

Market instruments: corporate tax rate and VAT reductions for donations.

Targets: Hungary aims to halve food waste by 2030