



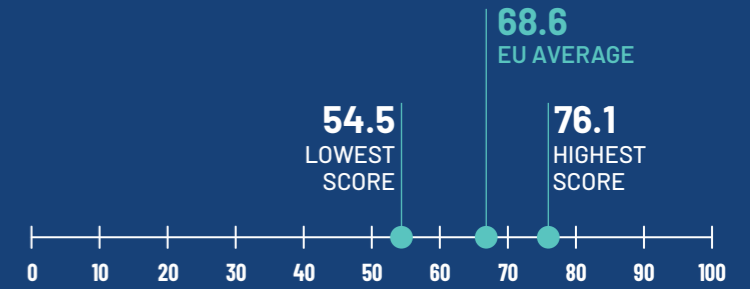
# UNITED KINGDOM

The UK experiences substantial nutritional challenges mainly related to overweight in adults, adolescents and children; it has low participation rates of youth in agriculture, and the average age of farmers is high; it is also addressing the food waste problem on several fronts.

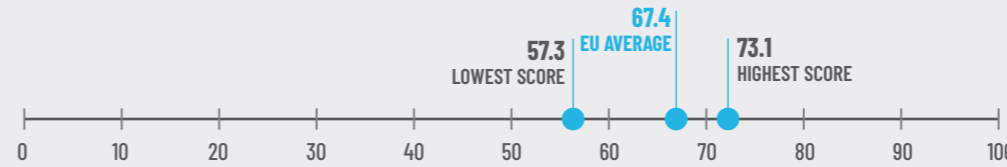
## FOOD SUSTAINABILITY INDEX PERFORMANCE



## COUNTRY SCORE



## NUTRITIONAL CHALLENGES



**81 years** life expectancy at birth  
**72 years** healthy life expectancy

**64%** of adults are overweight  
**31%** of children and adolescents are overweight

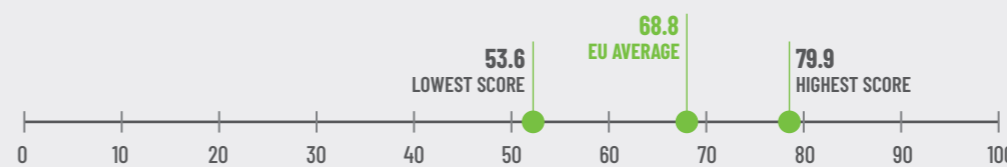
**64%** of the population reaches recommended physical activity levels

**12%** of calories from sugar

**3.61 g** of sodium per day

Food-based dietary guidelines are published on a national level

## AGRICULTURE



**0.71%** of renewable water used in agriculture

**20.5%** of fish stocks overexploited or collapsed

**7%** of average soil organic carbon (content in weight)

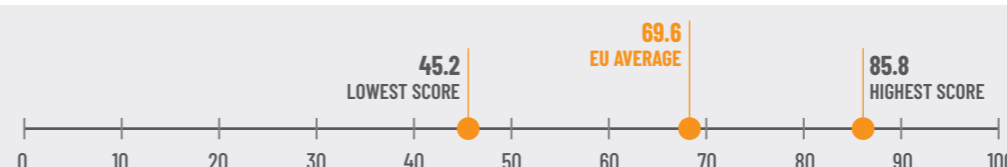
**409,462 ha** are deforested each year

**2.74 ton CO<sub>2</sub> eq.** per ha are GHG emissions from agriculture

**1.69%** of GDP government expenditure on R&D

**60 years** average age of farmers  
**1%** of youth (under 35) works in agriculture  
**54.8%** of farmers are women

## FOOD LOSS AND WASTE



**55 kg/yr** per capita food waste

**Strategies:** the Government endorsed WRAP 2016 Food Waste Recycling Plan developed by industry and local authorities

**Market instruments:** tax breaks for companies that distribute surplus food  
**Legislation:** Food Waste Reduction Bill will obligate supermarkets to donate surplus food

**Targets:** Government supports the voluntary Courtauld 2025 commitment led by WRAP to reduce per-capita food waste by at least 1/5 between 2015-2025