

BCFN YES! 2018 FINALISTS



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I consider the question of inclusiveness as crucial for achieving the transition towards more healthy and sustainable food systems.

Changing food practices in a changing food environment: the case of Syrian and Turkish migrants in Almere

A key challenge of our times is to provide sustainable diets to a growing urban population. Sustainable diets are health-promoting, culturally appropriate, economically viable and have low environmental impact. This research project zooms in on culture and aims to understand the interactions between changing cultural food practices and changing food environments to identify novel pathways to sustainability in a multicultural urban food system. What do interactions between migrants' food practices and a changing food environment look like and what are their implications for the urban food environment in terms of transitioning to a sustainable food system? The study population consists of Syrian and Turkish migrants in the multicultural Dutch city of Almere, who will be compared across generation and country of origin. A mixed-methods design will be applied, paying specific attention to participatory methods. Theoretically, a practice theories approach will be used.

