The prevalence of underweight has dropped since 1975... while global obesity has tripled since 1965...

Nutrition-related factors contribute to 45% of deaths in children under 5.

In developing countries, child and adolescent overweight has increased 8.1% to 12.9% in boys, and 8.4% to 13.4% in girls.

Top 3 / Bottom 3 Performers
Nutritional challenges

**TOP PERFORMERS**
1. France
2. Japan
3. South Korea

**BOTTOM PERFORMERS**
23. South Africa
24. Nigeria
25. India

Responses

**UNDERNUTRITION**
- Food fortification
- Education campaigns, especially for mothers & children

**OBESITY & OVERWEIGHT**
- Low sugar, low fat and low salt products alternatives
- Restricting advertising of junk food to children

Data from the Food Sustainability Index and index sources

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