

CHARACTERISTICS OF A SUSTAINABLE FOOD SYSTEM

Characteristics of a sustainable food system

	ENVIROMENTAL ASPECTS	NUTRITIONAL ASPECTS	ECONOMIC ASPECTS	SOCIO-CULTURAL ASPECTS
AGRICULTURE	<p>Follow sustainable agricultural practices. Promote resilience of the systems of production.</p> <p>Develop and maintain diversity.</p>	<p>Promote different varieties of food.</p> <p>Produce food that is full of nutritional elements</p>	<p>Develop Appropriate cultivation techniques. Promote self-sufficiency through local production.</p>	<p>Maintain traditional agricultural practices and promote local varieties.</p>
FOOD PRODUCTION	<p>Reduce the impact of production, processing and sale.</p>	<p>Preserve nutrients along the food chain.</p>	<p>Reinforce the local food systems. Produce food at affordable prices.</p>	<p>Produce culturally acceptable food.</p>
CONSUMPTION	<p>Reduce the environmental impact of food consumption.</p>	<p>Promote a diversified balanced and seasonal diet.</p>	<p>Promote Economic accessability to a varied diet.</p>	<p>Safeguard food traditions and culture.</p> <p>Meet local tastes and preferences.</p>

Source: DoublePyramid 2015. Recommendations for a Sustainable Diet, BCFN 2015

